If you would like an advocate, please contact our Referrals team on **0345 310 1812** 

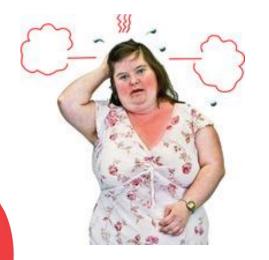




It will not cost you anything.

Advocacy is INDEPENDENT

It is not part of social services or the NHS.



#### Contact us

- **9** 0345 310 1812 option 1
- referrals@advocacyforall.org.uk
- www.advocacyforcroydon.org
- Advocacy for All, The Civic Centre, St Mary's Road, Swanley, Kent BR8 7BU



## advocacy for CROYDON







### **Learning Disability Advocacy**

#### For:

- people over 18
- people with a learning disability
- people who live in the London Borough of Croydon

- people who lead independent lives
- people who get little or no support from services

### Advocacy is about...



- making sure people
  listen to what you say
- having someone on your side to speak up for you



 helping you find information that you can understand

### Advocacy is not...

- support work or care work
- 'Us against Them'
- friendship or advice

# How can an advocate help me?

- we can help you if you are having trouble with a particular issue. For example, housing or employment
- we can go to **meetings** about your issue with you and help you understand
- we can signpost you to other services that might be able to help you

